

The Pingle Academy Curriculum Map 2019-20

Year groups and set	Block 1 (9 weeks) 2 <sup>nd</sup> Sept -8 <sup>TH</sup> Nov	Block 2 (9 weeks) 11 <sup>th</sup> Nov - 24 <sup>th</sup> Jan	Block 3 (9 weeks) 27 <sup>th</sup> Jan -3 <sup>rd</sup> April	Block 4 (9 weeks)20 <sup>th</sup> April – 26 <sup>th</sup> June	Block 5 (3 weeks)
Year 7 Boys Top set	Baseline testing 2 weeks Invasion Football and Rugby	Net wall Badminton and Basketball	Creative and Swimming Gymnastics and Strokes	and S+F Athletics, Softball and Cricket	Competitive Athletics
Year 7 Boys middle set	Baseline testing 2 weeks Net wall Badminton and Basketball	Invasion Football and Rugby	Creative and Swimming Gymnastics and Strokes	Athletic and S+F Athletics, Softball and Cricket	Competitive Athletics
Year 7 Boys lower set	Baseline testing 2 weeks Invasion Games Skills and Football	Swimming and Net/wall Strokes and Table Tennis	Fitness and Athletic Fitness work and dodgeball	Athletic and S+F Athletics, Softball and Cricket (Highly differentiated)	Competitive Athletics
Year 7 Girls top set	Baseline testing 2 weeks Invasion and Creative Netball and Gymnastics inc trampolining	Swimming and Creative Stroke work and Dance	Invasion and Creative Foot/handball and Trampolining	Athletic and S+F Athletics and Rounders	Competitive Athletics
Year 7 Girls lower set	Baseline testing 2 weeks Swimming and Creative Stroke work and Dance	Invasion and Creative Netball and Gymnastics	Invasion and creative Foot/handball and Trampolining	Athletic and S+F Athletics and Rounders	Competitive Athletics
Year 8 Boys Top Set	Invasion Football and Rugby	Net wall Badminton and Basketball	Creative and Swimming Vaulting and Personnel Survival	Athletic and S+F Athletics, Softball and Cricket	Competitive Athletics
Year 8 Boys Middle Set	Net wall Badminton and Basketball	Invasion Football and Rugby	Creative and Swimming Vaulting and Personnel Survival	Athletic and S+F Athletics, Softball and Cricket	Competitive Athletics
Year 8 Boys Lower Set	Invasion Rugby League (reduced rules) and Football	Swimming and Net/wall Personnel Survival and Table Tennis	Fitness and Athletic Fitness work and dodgeball	Athletic and S+F Athletics, Softball and Cricket (Highly differentiated)	Competitive Athletics
Year 8 Girls Top Set	Invasion and Creative Netball and Gymnastics	Swimming and Creative Swimming (life-saving and survival) and Dance	Invasion and creative Foot/handball and Trampolining	Athletic and S+F Athletics and Rounders	Net/wall + S+f Tennis and Cricket

The Pingle Academy Curriculum Map 2019-20

Year 8 Girls Lower Set	Swimming and Creative Swimming(Life saving and survival) and Dance	Invasion and Creative Netball and Gymnastics	Invasion and creative Foot/handball and trampolining	Athletic and S+F Athletics and Rounders	Competitive Athletics
Year 9 Boys Top Set	Invasion Football and Rugby	Net wall Badminton and Basketball	Creative and Swimming Parkour, life saving and Water polo	Athletic and S+F Athletics, Softball and Cricket	Competitive Athletics
Year 9 Boys Middle Set	Net wall Badminton and Basketball	Invasion Football and Rugby	Creative and Swimming Parkour, life saving and Water polo	Athletic and S+F Athletics, Rounders and Cricket	Competitive Athletics
Mixed Lower Set	Invasion Handball and Football	*Swimming *and Net/wall Life-saving, water polo and Table Tennis	Fitness and Athletic Fitness work and dodgeball	Athletic and S+F Athletics, Rounders and Cricket	Competitive Athletics
Year 9 Girls Top Set	Invasion and Creative Netball and Gymnastics	Invasion and Creative Hockey and Dance	Invasion Football and Handball	Athletic and S+F Athletics and Rounders	Net/wall and S+F Tennis and cricket
Year 9 Girls Lower Set	Invasion and Creative Hockey and Dance	Invasion and Creative Netball and Gymnastics	Invasion Football and Handball	Athletic and S+F Athletics and Rounders	Competitive Athletics

Year Group	Key rationale/curriculum content
7	<ol style="list-style-type: none"> <li>1, To introduce and promote the acquisition and development of the fundamental skills associated with the game.</li> <li>2, To encourage high levels of participation through a range of high quality planning and delivery of PE.</li> <li>3, To develop the ability to plan, perform and evaluate skills and techniques in both isolated practice and in small sided games.</li> <li>4, Students should also understand the importance of a warm up and have</li> </ol>
8	<ol style="list-style-type: none"> <li>1, To further develop the skills established in year 7 within a high quality PE lesson.</li> <li>2, To Promote the acquisition of new/more advanced skills in order to</li> </ol>

	<p>improve performance within game related activities.</p> <p>3, Students should understand typical strategy and where relevant formations and have a basic knowledge of how to adapt for the given match scenario.</p> <p>4, Have a good understanding of the main bones and muscles associated with football.</p>
9	<p>1, To refine basic and advanced skills to assist in better performance on a consistent basis.</p> <p>2, To actively make positive decisions within a competitive environment.</p> <p>3, To consistently apply learnt rules and embed safe and effective play.</p> <p>4, To proactively suggest ways of structural and strategic change within game situations.</p> <p>5, To deliver an effective warm up based around the major muscles used in that sport.</p>