

PINGLE ACADEMY – KS3 & KS4 PSHE CURRICULUM MAP

	Personal Wellbeing & RSE
	Economic Wellbeing
	Citizenship, British values & religious studies
	Careers & next steps
	Resilience, study skills and mental wellbeing

(A) = topic followed by PSHE review/assessment

TERM	YEAR 7	YEAR 8	YEAR 9
AUTUMN 1	<p align="center">Binge Britain (A)</p> <p align="center">Drugs Alcohol Smoking Legal highs Energy drinks Risks & staying safe</p> <p align="center">DEBP: Resilience theatre production</p>	<p align="center">Drugs (A)</p> <p align="center">Drugs Alcohol Smoking Energy drinks New psychoactive substances The law</p>	<p align="center">Sex and Relationships Education (A)</p> <p align="center">Contraception (inc condom demo lesson) Underage and pregnant Consequences of sex Abortion Grooming and staying safe Consent & healthy sex/relationships STIs Grooming & gift giving Nell's story: exploitation</p> <p align="center">SARAC: healthy relationships, consent & sexting</p>
AUTUMN 2	<p align="center">Resilience & Learning to Learn</p> <p align="center">Positive mind-sets Mindfulness Resilience</p> <p align="center">DEBP: Targeted intervention on resilience (small groups)</p>	<p align="center">Mental Health Awareness</p> <p align="center">Resilience Achieving mental health Positive mind-sets Mindfulness Body image & eating disorders Sleep & rest</p>	<p align="center">Careers Education</p> <p align="center">Options 16+ pathways CVs & interviews</p>
SPRING 1	<p align="center">Puberty (A)</p> <p align="center">Puberty & change Exercise Healthy eating Risky behaviour</p> <p align="center">SARAC: Healthy relationships</p>	<p align="center">Crime and Law (A)</p> <p align="center">Hazards Crimes & punishment Laws HBV Knife crime (and other case studies) Racism</p>	<p align="center">Careers, finance and next steps (A)</p> <p align="center">What is the working world like? Finance Leaving home Homelessness</p>

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			DEBP: Additional 1 to 1 careers intervention on learning profiles
SPRING 2	<p align="center">Personal Finance</p> <p align="center">Money Finance Saving</p>	<p align="center">Careers Education</p> <p align="center">Career aims SWOT Employability skills</p> <p>DEBP: Addition lessons on LMI (labour market information)</p>	<p align="center">Mental Health and exam preparedness</p> <p align="center">Exam skills Stress & online stress</p>
SUMMER 1	<p align="center">Politics, Rights and British Values (A)</p> <p align="center">Politics & Parliament Democracy Law Voting age Student voice The environment</p>	<p align="center">Personal Finance (A)</p> <p align="center">Money & me Lending & borrowing Budgeting Cost of living</p>	<p align="center">First Aid (A)</p> <p align="center">Hazard & hazard perception Personal safety First aid application Practical skills</p>
SUMMER 2	<p align="center">Careers Education</p> <p align="center">Careers Teamwork & communication Goals Planning & opportunities Resilience</p>	<p align="center">Sex and Relationships Education</p> <p align="center">Sexuality Sexual activity STIs Contraception Sexualisation Sexting, image sharing & grooming Healthy relationships Domestic abuse</p> <p>SARAC: internet safety, impacts of social media</p>	<p align="center">Active Citizenship Tasks</p> <p align="center">Active tasks Politics & pressure groups Global rights & responsibilities Charity Global community The EU Environmental issues</p>

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TERM	Y10	YEAR 11
AUTUMN 1	<p align="center">Citizenship & Life in Modern Britain</p> <p align="center"> Life in modern Britain Living in multicultural Britain Identity & faith in modern society British values & beliefs Media International organisations Digital democracy </p>	<p align="center">Exams & Revision</p> <p align="center"> Applications to 6th form, college, university Exam stress Skills, strategies and mental health awareness Life after school: Travel Life after school: Debating & critical thinking </p>
AUTUMN 2	<p align="center">Sex and Relationships Education</p> <p align="center"> Contraception and consequences LGBT and tolerance - FIT Managing healthy relationships and staying safe FGM CSE Radicalisation Pornography & sexualisation SARAC: Objectification, CSE & pornography </p>	<p align="center">Personal Finance</p> <p align="center"> Financial literacy and control Budgeting The economy Money in the 'real world' </p>
SPRING 1	<p align="center">Careers Education</p> <p align="center"> CV writing Key skills Work Experience & 'Meet the Employer' event Next steps DEBP: Additional 1 to 1 careers intervention on learning profiles </p>	<p align="center">Careers Education</p> <p align="center"> Next Steps Applications and CVs Interview skills DEBP: Additional 1 to 1 careers intervention </p>

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<p align="center">SPRING 2</p>	<p align="center">Personal Finance</p> <p align="center">Cost of living Employment Taxation</p>	<p align="center">Revision and study skills</p> <p align="center">Planning for success Resilience Mental health awareness Study skills</p>
<p align="center">SUMMER 1</p>	<p align="center">Citizenship & Attitudes towards Marriage & family</p> <p align="center">Citizenship Politics and Participation Parliament & voting Democracy Political engagement & change British values Active citizenship – MP letter</p> <p align="center">Attitudes towards Marriage & family Changing attitudes (inc religious) towards marriage Attitudes towards sex outside marriage Marriage Divorce Homosexuality</p>	<p align="center">Revision and study skills</p> <p align="center">Planning for success Study skills and time management Mindfulness Guided revision activities</p>
<p align="center">SUMMER 2</p>	<p align="center">Staying safe & healthy</p> <p align="center">Drugs education Alcohol Road safety and drinking & driving Mental health Eating disorders, body image, depression & self-harm Suicide</p>	<p align="center"></p>